



NEWS RELEASE

STATE OF NEBRASKA

Nebraska Emergency Management Agency (NEMA)
2433 N.W. 24th St., Lincoln, NE 68524-1801

FOR IMMEDIATE RELEASE

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Distribution Centers over Capacity

Distribution centers in Wisner, Stanton and Wakefield, Neb., have exceeded warehouse capacity, and center organizers respectfully ask that no additional donations be made, until such time as additional specific needs are identified.

Organizers would also like to remind all victims from any of the communities and rural areas of the northeast Nebraska counties hit by the June 16 tornados to visit the distribution centers if they have unmet needs. Victims who are staying with family or friends can still get items at the distribution centers.

The centers have a wide variety of items including:

- Food
- Personal hygiene
- Clothing
- Laundry supplies

The **Wisner distribution center** will be **closed** until Tuesday at 9 a.m. It will reopen in a **new location**, located at the **Stalp facility** just south of Wisner, 1751 6th Rd. If you have questions call the Volunteer Helpline at **402-833-1515** between the hours of **8 a.m. to 5 p.m.**

The **Stanton distribution center** is located at the **VFW Post 3602**, 1106 Veterans Ave., **402-439-2113**.

Wakefield distributions are being distributed from two different locations.

- **Meals and Food** are available at the **Salem Lutheran Church**, 411 Winter St., phone **402-287-2681**.
- **Clothing** is available at the **Nearly New Store**, 303 Main St., phone **402-287-8700**.

Nebraska Emergency Management Agency (NEMA)

NEMA is monitoring severe thunderstorms across the state today. Severe thunderstorm watches and warnings, as well as, tornado watches and warnings have been in place for portions of central to eastern Nebraska at various times throughout the day. As part of NEMA's

standard operating procedure a duty officer will remain at NEMA as long as there is a tornado watch or warning issued anywhere in the state.

Public damage assessment teams are deploying this afternoon to gather information on damages sustained in the mid-June storms. The teams will collect information through Thursday that will more than likely be used to request a presidential disaster declaration.

Nebraska Department of Health and Human Services

In the immediate aftermath of a disaster, feeling lost and overwhelmed is normal. But as recovery goes on, stress can cause physical symptoms, like upset stomach, headaches, and muscle tension. Signs and symptoms of stress overload include moodiness, anxiety, irritability, constant worrying, the inability to relax, feeling overwhelmed, a sense of loneliness or isolation, and feelings of depression.

Trauma from a disaster can lead to post-traumatic stress disorder and other mental health problems, and can put victims at higher risk of substance abuse.

Posttraumatic stress disorder syndrome (PTSD) is a serious condition that can develop after a person has experienced or witnessed a traumatic or terrifying event in which serious physical harm occurred or was threatened. PTSD is a lasting consequence of traumatic ordeals that cause intense fear, helplessness, or horror, such as the unexpected death of a loved one or a natural disaster. Families of victims can also develop PTSD, as can emergency personnel and rescue workers.

Support for victims may be needed immediately after the event causing the trauma and also over an extended time as recovery takes place.

To help people cope with stress and trauma, mental health and substance abuse resources for the region are available at <http://dhhs.ne.gov/networkofcare>. Or, people experiencing stress can call Region IV Behavioral Health System's office at (402) 370-3100 or the Rural Response Hotline at (800) 464-0258.

Nebraska Department of Insurance

The Nebraska Insurance Department offers these tips for individuals affected by recent storms:

- Contact your insurance company or agent as soon as you can.
- Take temporary measures to reduce further damage but do not dispose of damaged property or make permanent repairs until your insurance company has inspected the damage. Keep copies of expenses related to temporary repairs.
- If you need to relocate, keep receipts for your temporary living expenses.
- Maintain copies of all correspondence and take notes of your telephone conversations, including date and time of contact and name of person to whom you spoke.
- Obtain references, written estimates, proof of insurance and your insurance company's approval before authorizing a contractor to begin repairs.

If people have insurance-related questions or concerns, please call the Department of Insurance on its toll-free consumer hotline at 1-877-564-7323 or visit the Department's website at <http://www.doi.nebraska.gov>.

Local Updates

Pilger

- Pilger is still accepting volunteers and heavy equipment. Both are still needed for assistance in clean-up in Pilger.
- Any displaced resident of Pilger is asked to contact the Village Office with contact information at (402)396-3563.
- There will be a Wisner-Pilger School Board meeting this evening (Monday, June 30) in the Wisner-Pilger High School Library.
- Pilger Days will remain scheduled for July 18-20. Any organization that wishes to have Pilger Days activities are asked to contact Kim at (402)649-5383.
- The Donation Center has relocated to the Gerhold Concrete building at 1751 Sixth Road in Wisner. The Center will be closed today to move all the donations to the new facility. It will reopen Tuesday, July 1 at 9 a.m. Daily hours are 9 a.m. to 7 p.m. The center will be closed on July 4.
- All Village clean-up operations will stop to observe Independence Day this Friday, July 4.

Stanton County residents who have lost driver's licenses or state IDs should contact the Stanton County Office of Emergency Management at 402-439-2900.

Volunteers to assist with debris clean up are still needed at farms in Stanton County. Volunteers can check in at the Stanton County Courthouse between 8 a.m. and 5 p.m. to receive work assignments. Volunteers who have ATVs available are desired. If volunteering as a group, please call 402-658-5060 in advance. General questions can be answered at 402-439-2900.

The Northeast Nebraska Tornado Relief Fund

Funds are now being accepted at Wayne local banks to help with relief efforts for the recent tornadoes in Northeast Nebraska.

The following banks will accept donations for the **Northeast Nebraska Tornado Relief Fund** for distribution by the Wayne United Way:

F&M Bank
402-375-2043
321 Main Street
Wayne, NE 68787
www.fmbankne.com

First Nebraska Bank
402-375-2525
411 East 7th Street
Wayne, NE 68787
www.fnbwayne.com

State Nebraska Bank & Trust
402-375-1130
122 Main Street
Wayne, NE 68787
www.state-national-bank.com

Wakefield volunteers are being asked to **report directly to the Wakefield Fire Station** for check-in and assignments between the hours of **8 a.m. and 5 p.m.** Volunteers can call **402-287-2574** during the aforementioned time.

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